



# CROSS KEYS

ST. PETER'S EPISCOPAL CHURCH, OSTERVILLE MA 02655

February 2012

## Did you know?

**Ash Wednesday**, in the calendar of Western Christianity is the first day of Lent and occurs 46 days before Easter. It is a moveable fast, falling on a different date each year because it is dependent on the date of Easter. It can occur as early as February 4 or as late as March 10.

According to the Canonical gospels of Matthew, Mark, and Luke, Jesus spent forty days fasting in the desert before the beginning of his public ministry, during which he endured temptation by Satan. Ash Wednesday marks the beginning of this forty day liturgical period of prayer and fasting.

Ash Wednesday derives its name from the practice of placing ashes on the foreheads of adherents as a sign of mourning and repentance to God. The ashes used are typically gathered after the palms from the previous year's Palm Sunday are burned.

This practice is common in much of Christendom, being celebrated by Catholics, Episcopalians, Lutherans, Methodists, Presbyterians, Anglicans and some Baptist denominations.

## Important Dates to Remember

- February 9..... SPWA Luncheon
- February 14..... Valentine's Day
- February 22 ..... Ash Wednesday

## Dear Friends,

Sometimes it is tremendously difficult to hear God's voice in the busyness of the day. Throughout scripture however we are reminded that God does not give up. Over and over our ancestors encountered God on a personal level. Moses went to the mountain. Job was abandoned by his friends. Jacob wrestled. Samuel was wakened. Hagar and her baby were alone in the desert. Apart from the ongoing struggles and tensions, each met God. This very fact reminds us that we must "take time," and have moments of solitude for reflection ~ and, the opportunity to hear God's voice. We yearn for this time, but our lives get so full, so busy, that we never seem to have enough time. Yet, when we are faithful in setting aside enough deliberate time for reflection, we find our spirits much more attuned to hearing God, not only in that moment, but throughout the whole day.

The quiet spaces in life are necessary. They help bring perspective. In the depths of my heart, I find things stirring, tossing and turning, until they are transformed into thoughts (and truths) which sustain and support me as I journey through the busyness of life. These times are life giving and renew my energy. As I reflect and look back over pain and anguish, I am able to see them in a different light. Celebrations and moments of joy become unexpectedly even more wondrous as I ponder and relish them. It is at such moments that I hear God more clearly than I ever imagined possible.

When I first realized that the deadline for both the Annual Report and Cross Key articles was upon me, I did not have a clue how I was to fit yet another task into my schedule. However I chose to see the deadlines and this letter, not as yet another chore, but rather as an opportunity for reflection during one of those "intentional" moments of solitude and reflection. I began by looking back over the past year and suddenly found myself surprised by what God had to say to me.

We have been truly blessed. Perhaps, for me, the greatest gift has been the privilege of serving as your pastor and being called to share in your lives. Your compassion and response to God's call to be an outward and visible sign, proclaiming to the world the Gospel, is obvious. Don't just quickly scan the following pages of this newsletter, take some intentional time and absorb the words. Ponder what has been experienced and accomplished. I have, and I have no

doubt that God has spoken. Soon you will have a chance to sit back in a pew and just look around you! God has heard our prayers. God responds to our praises and thanksgiving. God has blessed us. I give thanks to God for each and every one of you who helped make possible our life and ministry as a community.

In Christ,

Denzil J. Luckritz, *Rector*



Rector ..... The Rev. Denzil J. Luckritz  
Associate ..... The Rev. Paul M. Thompson  
Associate ..... The Rev. Russell H. Allen  
Administrative Assistant ..... Alison Arnold  
Director of Music ..... Karen Crosby  
Sextons ..... George Esteves & Brian Boley

**Vestry**

Sr. Warden ..... Ronald Reed  
Jr. Warden ..... Carole Dwyer  
Treasurer ..... Jenn McDevitt  
Clerk (Interim)..... Mark Clifford

**Vestry Members**

Mary Beebe ..... Gretchen Perry  
Judson Breslin ..... Mark Thomas  
Gerard Armstrong ..... Jeff Callard  
Linda Dill ..... Barbara Spillane  
Gregory Winkler

**Parish Ministry Contacts**

Acolyte Warden ..... Elizabeth Spilsbury  
Altar Guild ..... Cynthia Seidner  
Meg Perkins, *Emeritus*  
Education ..... Kathryn Perrone  
Finance ..... Noel Spillane  
Friendship Ministry ..... Barbara Spillane  
Hospitality Guild ..... Barbara Reed  
Lay Eucharist Visitors.....Kathy Duncan  
Men’s Club ..... Jud Breslin  
Newsletter ..... Nancy Mumford  
Outreach ..... Helen Prothero  
Prayer Group ..... Mary Beebe  
Property ..... Will Beebe  
Stewardship ..... Mark Thomas  
Women’s Association ..... Jane Price

**Newsletter  
Deadline**



**February 15th**  
for the March edition of  
the Cross Keys

St. Peter’s Episcopal Church  
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PO Box 437  
Osterville MA 02655

508-428-3561 (office)  
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<http://www.stpeters-capecod.org>  
[stpeters14@juno.com](mailto:stpeters14@juno.com)

The deadline for the Cross Keys is the 15<sup>th</sup> of the month.  
Submissions may be emailed (MOST preferred by the editor!) to  
[nancyjanemumford@gmail.com](mailto:nancyjanemumford@gmail.com) Please note: I can only accept MS  
WORD documents (Not Word Perfect) by email



**for those who are ill or in any need,  
especially:**

Mary, Gerri, Dorothy, Erik, Millie,  
Wilhelmina, Davis, Jim, Ivan & Jean,  
Joanne, Dennis, Tom, Phillip, Lorraine, Christopher,  
Walter, Micheline, Avena & Bishop Tharp Institute,  
John, Ralph, Eddie, Al, Sheila, Leslie, Kellen,  
Suzanne, Georgia, Bob, Luke, Michelle, Paul, Bob  
& Carol, Barbara, Russ, Lynnie, Cathy, Mrs. L,  
Sally, Aleah, Lila, Matt, Elias, Margy, Jackie, Laura,  
Meesh, Peter, Pauline, Joan, Douglas, Sarah, David,  
Anthony, Dennis, Janet, Dave, Jessica, Emma, Jean,  
Bill, John, Brennon, Diana, Louise, Charles, Ginny,  
Eliza, Nikki, Daryl, Kyle, Mike, John, Kathleen,  
Diane, Ann, Gibson and for the homeless of Cape  
Cod, those affected by mental illness and for our  
men and women in the armed forces overseas  
especially in Iraq and Afghanistan and the people of  
Haiti and Japan.

*If you placed a loved ones name on the Parish  
Prayer List and the name can be removed, please  
email or call the office.  
Thank you, Alison*

**Recently departed:**

Patsy Towle



## *February Birthdays*

2-Susan Thomas  
3-Ann Bartholomay  
4-Gordon Allen, Nancy Dwarnick, Annaliese  
Heussler  
8-Allyson Schmidt  
9-Frank Fenner  
10-Tom McMahan  
11-Millie Webster  
16-Bob Bartholomay, Louise Mann, Gretchen  
Perry  
17-Emily Rice  
19-Bob Johnson  
21-Rebecca Barber, Richard Dalton  
22-Chad Meyer  
23-Richard Bellamy  
25-Chris Holcombe, Bobbie Callard  
27-Russell Guarino

Please note, if we've missed your birthday, let us  
know so that we can get your birthday on file in the  
office.

## *Anniversaries*

3-Ernie & Dottie Schatz  
9-Paul & Bunny Thompson  
11-Bob & Carol Seidler  
14-Brian & Carol Boley

## Behind the Scenes With Will Beebe:

I have found the best way to report on activities is to report them on a monthly basis. This year may be a bit different as a HUGE amount of work was done on the building project, eclipsing somewhat the normal maintenance stuff.

Here is what happened, by month, of the regular stuff. Later, I will address the construction project.

### Jan 2011

We were able to establish a Skype connection in the Nave for the Luckritz Grandson Baptism. This is the first time live internet has been available in the Nave.

Storm windows were installed in the Chancel for the Winter. This had not been done for many, many years, and made a huge difference in reducing cold drafts.

The testing of the Alarm System was completed, with the check out of three smoke detectors that were missed earlier

Had a discussion with the COMM Fire inspector covering the following from the 2010 inspection:

1. He was pleased that we had cut the branches impeding the entrance to the Parking Lot
2. He was pleased we cut the bushes by the Nave door to the Courtyard.
3. He was pleased we fixed the flashing lights in the horn/strobes.
4. He was pleased we removed the green extension cord behind a desk.
5. He agreed that the smokes detectors in the Nave and Library should have been tested. He said that EVERY unit must be tested every year.
6. He did not know the exact test that checks smoke detector sensitivity. He agreed with me that looking for a blinking light was not sufficient. He will do research and get back to us.
7. He said we did not need anything more in the Kitchen, other than a cleanliness certificate next time we clean. A CO detector is not needed.

8. I told him we were still working the documentation issue on the drape treatments.

The Hood over the range in the Kitchen was professionally cleaned.

The Grease Trap was pumped.

A short in parking lot lights was discovered.

### Feb 2011

The Cottage report was completed.

The Tie Rods in the Nave were tightened.

### Mar 2011

The Fire Alarm System had a failure when the monitoring station changed software. For once, this was their fault, not ours.

A broken window behind the Choir Stalls was fixed.

### Apr 2011

A Rectory furnace problem was resolved by restoring power to the boiler.

A problem with the dishwasher in the Kitchen was resolved by removing a defective soap container.

Technical information regarding our broadband capability was provided to the Deanery for an upcoming meeting at St. Peter's. As a result there was successful web casting from the Parish Hall for the very first time.

Wayne Schmidt fixed the parking lot light problem.

### May 2011

The range Hood System in the Kitchen, which is checked every 6 months by Ralph Perry, Inc., was checked.

Cottage cleanup was held on 14 May.

A phone problem in the office was fixed.

**June 2011**

All 14 Fire Extinguishers were inspected, and those needing it were re-charged and pressure tested

The Emergency Lights were inspected. All passed.

**July 2011**

No issues

**August 2011**

The Septic Tanked was pumped. (Note that the problem we face is NOT with the tank, but rather with the leeching tanks.)

**Sep 2011**

The batteries in the Alarm System Control Panel were replaced.

A toilet in SPNS spaces was fixed.

The annual fire inspection conducted by COMM resulted in 6 violations.

The parking lot light fixture that was broken years ago was finally fixed.

**Oct 2011**

No issues

**Nov 2011**

The dual-church sign at the intersection of Rt 28 and South County Rd. was re-installed.

The boiler for the heating system underwent "preventative maintenance". As far as I know, it has not been serviced for many, many years, and had a few leaking valves.

The Range Hood System in the Kitchen had its semi-annual inspection and check-out by Ralph Perry, Inc.

A small leak in the hot water pipe in the main furnace room was discovered

**Dec 2011**

The annual kitchen inspection was done by the Town of Barnstable Health Department

The Cottage had its Fall cleanup.

**Building Project**

The rest of the activity with the Church property during CY 2011 had to do with the restoration project. The project started in mid June and, by the end of CY 2011, was entering its final stages. The activity has been well documented in Cross Keys articles and by photos on the Church's web site. Please contact the Church office if you are unable to access these items.

Here is the link to the web site for pictures:

<http://stpeters-capecod.org/SiteRedo2010/RestorationProject.html>

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**Open Mic Night** is in the Parish Hall of St. Peter's church in Osterville every second Tuesday of the month. The next one is February 14th.

This is a free performance opportunity for musicians, singer/songwriters, poets, and others and a wonderful chance for the audience to hear exciting music as well as some expert performers.

Some performers sing religious songs. We do not censor performances.

Depending on the number of people, each performer may play two or three songs -- ten to fifteen minutes total.

Audience participation is greatly appreciated!

T. Jeff Callard, facilitator cell: 323-206-2249

## 2012 St. Peter's Stewardship Committee Annual Report

### Background.

Members of the 2012 St. Peter's Stewardship Committee are Mark Thomas, Chairman; Kathie Duncan; Jenn McDevitt; Frank Fenner; and Ned Richardson. The Committee met on Monday afternoons throughout October and November.

In recent years, the approach to stewardship at St. Peter's was not too well formalized and the committee decided (with the support of the vestry and Rector) to develop and take a more formal and organized approach. With this in mind, the committee made brief announcements at both services on four Sundays, developed long and short term goals, sponsored a "Stewardship Brunch" on Stewardship Sunday and made follow-up phone calls in early January.

### Committee Presentations and Brunch.

The presentations developed and presented included:

- a) "What does St. Peter's mean to you?"
- b) A brief history of St. Peter's & current activities and functions available to parishioners and roles of clergy
- c) An overview of current pledges, total income/expenses, St. Peter's endowment and committee goals; and
- d) What was the most meaningful gift that you **made** for someone or one that was **made** for you?

As a result of these presentations, a **St. Peter's Poem** was created from the responses to **What Does St. Peter's Mean to You?** and a beautiful summary of gifts made or received was compiled. The Poem and Gifts Made Summary were printed and included in the Sunday bulletins.

The Stewardship Sunday Brunch (November 20<sup>th</sup>) was well received and attended.

### Stewardship Goals.

**Long Term Goal:** Begin a 3-5 year "St Peter's Stewardship Journey" with the goal of **eliminating** the need to use the endowment to "bridge the annual expense to income gap".

### **2012 goals "the first year":**

1. Ask all "givers of record" to **submit a pledge card.**
2. Ask all "givers of record" and "pledging units" to **increase their gifts by \$1/day or \$5-\$10/week.**

### Follow-Up Phone Calls.

Following the Christmas and New Year Holidays, Committee members made follow up phone calls to all church members who had pledged in the past but who had not turned in a 2012 pledge card.

### Results as of January 9, 2012.

As of January 9, 2012, 93 pledge cards have been received representing 73% of pledging units. The 93 pledges amount to \$175,000 which is nearly 88% of the amount pledged in 2011. **What is the 2012 potential?** If all 127 pledging units of 2011 returned their pledge cards and maintained the increases of the first 93, the 2012 total pledge would approach **\$240,000 or a 20% increase.**

Respectfully,  
*St. Peter's 2012 Stewardship Committee*

## St. Peter's Women's Association News

Dates for the 2012 SPWA Luncheons are:

**Thursday, February 9**

**Thursday, April 12**

**Thursday, June 14**

**Thursday, October 11**

**Thursday, December 12**

Jane Price, President  
 Melissa Tavilla, Vice President  
 Pam Treimann, Recording Secretary  
 Debbie Gasior, Treasurer & Name Tags  
 Susan L Thomas, Co-Treasurer  
 Cynthia Seidner & Meg Perkins, Hospitality

God, and why we remember them today are the themes. Each child picked a saint to study early in the school year, and we hope to have a few presentations in the spring of 2012.

Christmas Eve presented a challenge as we found ourselves still utilizing the Parish Hall, which has certain logistical issues. The viability of a Christmas Pageant was discussed, and we decided to continue the tradition of the Pageant, but to streamline it this year to account for our smaller space. We held the Pageant on Christmas Eve at the 4:00 service for the second year in a row, and despite the logistics, it went beautifully and once again the children received many compliments on their efforts.

In order to raise money for charity, the Church school ran the "We Believe in Angels" fundraiser for the second year in a row. Parishioners were invited to include their name on an all-parish Christmas Card for a donation of \$10, and the profits raised will go to A Baby Center in Hyannis.

## Christian Education

The Advent and Christmas season was filled with meaningful events in Christian Education. On the first Sunday of Advent, the children did a version of our Children's Chapel upstairs in the Parish Hall for the entire congregation at the 10:00 service. The children did wonderful with the readings and everyone had a part. It was very well received, with many parishioners expressing a desire to have this service upstairs more often. We have therefore planned to do this again on the last Sunday in January, with a goal of having this service once every quarter in the future.

St. Nick visited in the beginning of December, telling the children the story behind his life and the gift-giving tradition he inspired. The children left their shoes in the library to receive the special gifts St. Nick provided. In addition, we have been learning more about Saints downstairs during our Godly Play time—who they were, how they served

## Ash Wednesday Services

**February 22nd**

**10:00 a.m., 12 noon, 7:00 p.m.**

**Attention Barnstable High Seniors, Cape Cod Academy Seniors, Sturgis Charter School Seniors!**

March 11th is the deadline to apply for the Joyce K. Anderson Memorial Community Service Scholarship. Three scholarships will be given. Application materials can be picked up in your school's guidance office.

## *Music Notes*

### **Where are They...Now?**

I don't know about you, but I miss the Family Choir. We would rehearse after church and sing the first Sunday of the month and on Christmas and Easter. Our repertoire was extremely eclectic ranging from multi – cultural selections to ecumenical music. The accompaniment was piano, bass, guitar, flute, saxophone and sometimes, percussion. Our membership was open to all ages, families and individuals. No previous choral experience was necessary. We had fun. We learned a lot of music.

Attendance and age groups ebb and flow in any organization. Right now we are in a low with young people's attendance and those who wish to participate in the Family Choir. There are a few amongst us who would love to sing, but 4 people do not make up a choir, unfortunately.

Those young people who have sung in the Family Choir tend to bring their music with them into school and into other areas of their lives, as well. I just learned that a former chorister won the "most musical" award in his entire 4th grade. A pair of siblings has moved on to the next level of performance in the Southeast District Choral auditions. A former choir member was selected to sing in the Honors Chorus in her school under the direction of former Chatham Chorale Director, Maggie Bossi. Another child, who came to the church weekly for extra coaching and music tutoring, now plays his trombone in the Marching Band and the Jazz Band and sings in the chorus at the high school. Musical theatre has also been a marvelous outlet and a continuation of practices learned in Family Choir. Poise, stage presence, discipline, overcoming shyness have all been added benefits learned in the Family Choir along with music. A sharing of music at home has been especially touching and rewarding to me. The members are required to practice current selections

at home several times throughout the week. Two brothers who were in the choir, when doing their assignment at home, had the older one assisting the younger in the proper procedure. They worked together. Another pair of siblings sang one of their Family Choir songs as a solo at a family member's memorial service. For three years in a row, children from St. Peter's church stood on the steps of the Baptist Church and sang memorized solos as part of the Creche service for the Osterville Stroll. The teaching legacy is passed on through the children's sharing their Family Choir music at school and teaching others to sing his favorite songs while waiting for a bus. Let's recall all those memorized solos that we've been fortunate to witness as part of our worship here at St. Peter's. I can't forget to include all the singing and music that is brought into a family's home (and car) with the requisite listening CD's for each week's homework.

I look forward to working with new and former Family Choir members when the time is right. If you have any interest in the choir, please don't hesitate to contact me at [karencrosby@comcast.net](mailto:karencrosby@comcast.net) or 774-208-8269.



***Mark your calendars for the Cupcake Sale after the 8 and 10 AM services on February 12th. This year's proceeds will go to the Knitting group.***

## Liturgy and U

The first definition of Epiphany is “a revelatory manifestation of a divine being” from the Greek word “epiphaneia, which means to appear, to show, to manifest, to reveal. A second definition is “a spiritual event in which the essence of a given object of manifestation appears to the subject, as in a sudden flash of inspiration.”

So, on the one hand, we can say that the Hebrew/Christian understanding of God is one in which the Divine is revealed in and through historical events and people. Here, God takes the initiative, takes the first step in making Himself known. God revealed Himself to a fugitive shepherd named Moses, in the burning bush. Then God is made known through his mighty acts as the Hebrew slaves were brought out of bondage into freedom and led into the Land promised to Abraham generations before. God’s character was revealed as these “nobodies” were made “some bodies.” Through all of Israel’s ups and downs as a nation, God is revealed as One who continues to be faithful even when His people were not! It is in this story, recorded in Hebrew Scripture, that God is manifested and made known in what is often called the “Drama of Salvation.”

The New Testament is the story of God’s revelation in the word made flesh in the historic birth, life, death and resurrection of Jesus of Nazareth 2000 years ago. In the simplest terms, we can and do say that Jesus was the human face of God. He said to his disciples “When you have seen me, you have seen the Father.”

The Epiphany hymn says: “Songs of thankfulness and praise, Jesus, Lord to thee we raise. Manifested by the star to the sages from afar. Branch of royal David’s stem in thy birth at Bethlehem, Anthems be to thee addressed, God in man made manifest.”

The hymn goes on to describe the many ways God was made manifest in and through Jesus, as he was baptized, turned water into wine at a wedding feast, healed the sick, was transfigured in the presence of his disciples, was crucified in Jerusalem and, as the Risen Lord, revealed himself to his disciples on

Easter Day. (Our hymnal, besides the Bible and the Book of Common Prayer, is a primary source of our theology. It describes our belief in poetry form.) Our Gospel readings during Epiphany season tell the story of the manifestations beginning with the coming of the Magi and ending with the Transfiguration.

If the first definition of Epiphany is that it is an act of self-disclosure, the second definition is it is a moment of inspiration, a flash of insight and understanding that gives a particular significance to what has happened. I remember a philosophical question from my college days: “Would a tree falling in the forest make any sound if there were no ears to hear it?”

The events, the acts of self-disclosure, would have no significance if there were no ears to hear, hearts to receive and intelligence to interpret these Epiphanies. I believe that we are told the stories of Biblical Epiphanies, stories of God’s self-disclosure, in order that we may open our ears to hear, eyes to see, hearts to receive and minds to understand God’s continuing acts day by day. Seeing earth’s beauty, being touched by human kindness and love, experiencing healing of body, mind and spirit, receiving forgiveness and compassion, being shepherded through deserts of despair and loneliness to a place of joy and companionship, having one’s spirit lifted up and one’s heart filled with ecstasy and joy. - All of these, I believe, are ongoing Epiphanies that are God’s gift to us in him who is the source of all that is life giving and life-affirming, Jesus. John the Evangelist said of Jesus, “in him was life and his life was the light of the world.”

In this coming year, I pray that we may all be aware of, receptive to, renewed by and be channels of the Light of Christ.

Happy Epiphany,  
Fr. Paul

## Winter and Spring Adult Forums

*The Adult Forum, held every Sunday following the 10 a.m. Holy Eucharist, meets in the Library.*

Our weekly and very well attended Adult Forum has continued during January with consideration of the question “What do they matter?” referring to many of the basics of our religion.

During February and March, we present the newest in the very popular “This I Believe” Series, with presentations by members of our congregation who will share the elements of their faith and how those understandings and guiding principles developed and function in their lives.

I am grateful to Vestry Member and Liaison Linda Dill for her willingness to fill in for me at these Adult Forums while I am recovering from my surgery. I hope to be back with you in March.

After Holy Week and Easter our weekly discussions will focus on a variety of topics, including the religions of the world, agnosticism, atheism, non-religious spirituality, and “Noism,” my recent medical issue, and our next steps as a parish following the repair of our building. We will also be devoting some Adult Forums to topics suggested by its participants before ending the series in late May.

Your comments and suggestions for the betterment of the Adult Forums, and especially proposals for future topics, are always appreciated. Please contact me by email at [capecahd@comcast.net](mailto:capecahd@comcast.net).

## The Prayers of the People Project

We continue to use Prayers of the People written especially for St. Peter’s at our weekly 10 a.m. Holy Eucharist. During the Advent and Epiphany Seasons these offerings of our petitions, intercessions, and thanksgivings, following the basic structure given in the Book of Common Prayer, have focused on the themes of these Liturgical periods. Beginning on the First Sunday in Lent, they will use a litany format reflecting both the penitential nature of that season, and its preparation for the events of Holy Week and Easter Eve/Day.

Each week the Prayers of the People are printed in the 10 a.m. Holy Eucharist Sunday Bulletin so they may be taken home and used during the week following.

Upon its completion at the end of 2013, the Prayers of the People Project will be edited, compiled, and possibly published for use in the large Church.

Comments and suggestions made by members of the congregation regarding this project are very valuable and I encourage anyone wishing to share their thoughts to contact me by email at [capecahd@comcast.net](mailto:capecahd@comcast.net).

The Rev. Russell H. Allen  
Associate Clergy.

## Holy Baptism

The Book of Common Prayer establishes five occasions when Holy Baptism is most appropriately administered in a given Parish. Our next Baptismal Occasion is the Great Vigil of Easter, Saturday April 7, 2012. Anyone wishing to be baptized, or to have someone baptized at that time should contact the Parish Office at their earliest convenience.

## **“You Do Not Have Cancer.” An Update.**

As I have reported here over the past few issues of *Cross Keys*, I have been diagnosed with a major medical issue that will be surgically addressed on Friday February 10th at the Beth Israel Deaconess Medical Center in Boston. It will be a lengthy procedure followed by a week’s stay in the hospital and some 6-8 weeks recovery at home. My goal is to be back with you for our observance of Holy Week and celebration of Easter Eve and Day. If all goes well I may even return for some of the Adult Forums in late March and should be fully functional in April. No snow shoveling or heavy hauling for a while!

I have promised to share some aspects of my experience in a kind of mental journal, not because they are mine or necessarily important, but because doing so may prove pastorally helpful for others. Most people face some medical issue during their lives, and virtually all clergy seek to respond with understanding, compassion, and healing grace. These factors are multiplied when the person with the issue is also the clergy person. However, I know that many people think their situation is unique, and many clergy have only a limited sense of what to do. My hope is that the comments I make here might address both unfortunate realities.

First, I have learned to pay attention to my body and respond when it tells me something is not right. I lost weight in an unexplained way and did not stop until every possible option for discovering why was utilized, during which my actual issue was identified. Our tendency can be to deny, ignore, or wait it out – in my case that would have been hazardous. Do what you need to do to find out what is going on and deal with it.

Second, such things take time and can be very complicated. My weight loss happened in early summer – the surgery will be in February. Many doctor appointments, tests, discussions, consultations, and quite a bit of paper have been involved so far and there is more to come. Often

new and unfamiliar places and people are uncomfortable, but nonetheless it is important to find a doctor or facility that has a good record of accomplishment, trust those involved and do what they say. That is what I have found to be key to what I see as, so far at least, a successful process. In addition, remember that the most important medical person involved is you!

Third, relax. Knowing what I do about what might have happened, about what I face, I have every reason to be uptight, tense, stressed out. Truth is, I was for a good part of the process, something I dealt with initially by listening to my daughter say: “Ok, step back, take a deep breath!” It also helped to seek the best medical care available and do what I was told. However, another help is that I began to set aside one hour alone each day – my time – just to sit in my screen porch and veg.

Fourth, let people who care about you care for you. Often it is hard to respond when someone asks: “What can I do to help you through this?” Sometimes the circumstances limit the response – Beth Israel is a long way away. Sometimes the focus of well-meaning people is more on finding out what is wrong than on helping. But those who really care for you – family, friends, co-workers, neighbors, members of your church family – they will know what to do, from offering prayers to sending cards to driving you to the doctor. All you need is to trust that they care.

Finally, believe in the outcome. That maybe the single most important factor for me as I face my surgery. After the operation, hospitalization, recovery at home, a potential problem will no longer exist and I will be able to get on with my life, doing what I enjoy, being who I am. My confidence in that ending in many ways is helping me accept what I must do to get there.

The next time I write I will be on the other side of my surgery and I will try then to share more that might be helpful to those facing serious medical issues.

Please continue to keep Louisa and me in your prayers, offer your support, respect my privacy, and

with me stand firm in our Faith in God, and my the belief that when this is finally over, I will resume my life and activities with renewed energy and commitment.

The Rev. Russell H. Allen,  
Associate Clergy

## **St. Peter's and the Mission of the Wider Church**

### **Haiti**

The latest word is that the goal for funding additional scholarships for students at the Bishop Tharp Institute has been reached. Please look at the pictures and other information on the bulletin board in the hallway leading to the Parish Hall.

Mary Beebe and I are looking into the possibility of inviting the Rev. Kesner Ajax, Executive Director, Bishop Tharp Institute (BTI), Partnership program coordinator for the Episcopal Diocese of Haiti, and Priest in Charge of Ascension Church in Beraud, to come to St. Peter's during the Easter Season to speak on the work of the Bishop Tharp Institute, and then to organize and send a representative group from St. Peter's to Haiti in the fall or 2013.

### **Cape and Islands Deanery**

At last year's Annual Meeting a motion was introduced and passed that no delegates to the Cape and Islands Deanery should be chosen until the Vestry had reviewed the relationship between that body and St. Peter's. Subsequently the Vestry appointed an Ad Hoc Task Force consisting of Ann Goetchius, Judy Fenner, Bobbie Grimes, Susan Thomas and me to study this issue and report to it. The group met to organize for its work, and in March drafted a letter to the Deanery to initiate a conversation with the Deanery, to which the Executive Board in late December. The Task Force

planned to meet again on Wednesday, January 18th, to discuss that response and decide on its next steps. The deadline for this issue of *Cross Keys* fell before that date, so a report of that meeting cannot be included here.

However, in an email sent to the Task Force members, I wrote in part:

"We were asked to study the relationship between the parish and the deanery and recommend to the Vestry whether it should continue, and based on our findings the Vestry would then decide if the parish should appoint delegates to the deanery. ...it was our hope that a dialogue would develop between this committee and the deanery regarding ways to strengthen that relationship so it benefited both member institutions.

"It would be helpful if our report to the Vestry can ... be filed before the Annual Meeting the last Sunday of January, at which such delegates would normally be chosen. ... By making our report to the Vestry we will have completed our task.

"Our work at this meeting will be to decide between these options:

1. Seek further dialogue with the Deanery regarding ways to make the relationship more effective.
2. Recommend to the Vestry that our relationship be unchanged and new deanery delegates be elected.

3. Recommend to the Vestry that our relationship be terminated and no delegates be elected."

A summary of the further actions of this Task Force will be included in the March *Cross Keys*.

The Rev. Russell H. Allen,  
Associate Clergy

# St. Peter's Women's Association Luncheon

**THURSDAY, FEBRUARY 9, 2012**

11:30 AM - Eucharist      12:30 PM - Luncheon      1:30 PM - Speaker

**Sign-up in parish hallway for luncheon or call parish office by Monday, FEBRUARY 6, 2012**

Prepayment is requested

Cost: \$18. Make your check out to: S.P.W.A.

You can give your check to parish office or mail your check to:  
S.P.W.A.      P. O. Box 437      Osterville, MA 02655

If you sign-up to attend, be sure to come or call the parish office before the deadline.

If you discover you need to cancel, be sure to have your name erased off the sign-up sheet.

**If you plan to bring a guest – be sure to include that person's name on the sign-up sheet.**

We do pay for the number of people who sign-up! Once the headcount has been submitted to the caterer you will be expected to pay for your lunch – your prepayment will not be returned.

**SPEAKER: ST. PETER'S VESTRY MEMBER  
MARK THOMAS  
VICE PRESIDENT GLOBAL MARKETING  
NATIONAL LIVE STOCK AND MEAT  
BOARD/NATIONAL CATTLEMEN'S  
BEEF ASSOCIATION**

**Are you confused when you approach the meat case at your local grocer? Do you know the difference between inspection and grading? Why are some cuts of meat tough and some tender? Do you know how to cook different cuts of meat? Did you know that there are only seven different cuts of meat? Can you tell the difference between a good knife and a cheap one? Can you sharpen a knife? What does Angus really mean?**

## ***Announcements***

**Fellowship Hour** Volunteering for coffee hour can be very rewarding! Being generous with one's time, talent, and treasure, welcoming visitors and newcomers, as well as sharing with fellow parishioners is simply good stewardship. Coffee hour at St. Peter's is a great time to socialize and to introduce one another to our ever-growing parish family. Hosting coffee hour is easy. Let's each one of us participate by hosting a fellowship hour. A sign-up sheet is posted in the hallway. Please consider signing up! you all for your time, talent, and treasure.

**Flower Charts** 2012 Flower Charts are located on the bulletin board in the hallway. Please sign up if there are special dates which you would like to have flowers at the altar in memory of a loved one or in thanksgiving for a birthday, anniversary or other important event. (Suggested donation for flowers is \$40.)

**Flower Delivery Sign-Up Sheet** for 2012 is posted on the bulletin board in the hallway.

**Food Cards** Please see Wayne Schmidt after the 10:00 am service if you are interested in purchasing Food Cards.





## **Lessons for February**

| <b>DATE</b>                  | <b>1ST LESSON</b> | <b>PSALM</b>           | <b>2ND LESSON</b>           | <b>GOSPEL</b>           |
|------------------------------|-------------------|------------------------|-----------------------------|-------------------------|
| February 5                   | Isaiah 40:21-31   | Psalm 147:1-12,<br>21c | 1 Corinthians<br>9:16-23    | Mark 1:29-39            |
| February 12                  | 2 Kings 5:1-14    | Psalm 30               | 1 Corinthians<br>9:24-27    | Mark 1:20-25            |
| February 19                  | 2 Kings 2:1-12    | Psalm 50:1-6           | 2 Corinthians 4:3-6         | Mark 9:2-9              |
| February 22<br>Ash Wednesday | Joel 2:1-2, 12-17 | Psalm 103:8-14         | 2 Corinthians<br>5:20b-6:10 | Matthew 6:1-6,<br>16-21 |
| February 26                  | Genesis 9:8-17    | Psalm 25:1-9           | 1 Peter 3:18-22             | Mark 1:9-15             |

Extra copies of the Prayers of the People for the week are available  
on the table in the hallway of the church.

St. Peter's Episcopal Church

February 2012

| Sun                                                                                                                                                                                                                                                                                                                                                                   | Mon                                                                                                                                                                                                                                                  | Tue                                                                                                                                                                                                                                                                                                                                                               | Wed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Thu                                                                                                                                                                                                                                           | Fri                                                      | Sat                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <p><b>29</b></p> <p>8 am - 8:45 am<br/>Holy Eucharist Rite I</p> <p>9:45 am - 10:45 am<br/>Children's Chapel</p> <p>10 am - 11 am<br/>Holy Eucharist Rite II</p> <p>11 am - 11:45 am<br/>Fellowship Hour</p> <p>11:30 am - 12:30 pm<br/>Confirmation Class</p> <p>11:30 am - 12:30 pm<br/>Annual Meeting of the Parish</p>                                            | <p><b>30</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>7:30 pm - 9:30 pm<br/>Al-Anon</p>                                                                                                                                                        | <p><b>31</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1:30 pm - 2:30 pm<br/>Capital Campaign Meeting</p>                                                                                                                                                                                                                | <p><b>February 1</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 11 am<br/>Wednesday Morning Eucharist</p> <p>10:30 am - 11:30 am<br/>Bible Study</p> <p>2:30 pm - 3 pm<br/>Staff Meeting</p> <p>7 pm - 8:15 pm<br/>Adult Choir Practice</p> <p>7 pm - 8:30 pm<br/>Alanon</p>                                                                                                                                                                                                                                                            | <p><b>2</b></p> <p>Ground Hog Day</p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10:30 am<br/>SPWA Board Meeting</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>4 pm - 5 pm<br/>Prayer Circle</p> <p>8 pm - 8:30 pm<br/>AA Meeting</p>  | <p><b>3</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p>  | <p><b>4</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 1 pm<br/>Armenian Church</p> |
| <p><b>5</b></p> <p>8 am - 8:45 am<br/>Holy Eucharist Rite I</p> <p>9:45 am - 10:45 am<br/>Sunday School</p> <p>10 am - 11 am<br/>Holy Eucharist Rite II</p> <p>11 am - 11:45 am<br/>Fellowship Hour</p> <p>11:30 am - 12:30 pm<br/>Confirmation Class</p>                                                                                                             | <p><b>6</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>7:30 pm - 9:30 pm<br/>Al-Anon</p>                                                                                                                                                         | <p><b>7</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1:30 pm - 2:30 pm<br/>Capital Campaign Meeting</p>                                                                                                                                                                                                                 | <p><b>8</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 11 am<br/>Wednesday Morning Eucharist</p> <p>10:30 am - 11:30 am<br/>Bible Study</p> <p>2 pm - 2:30 pm<br/>Pastoral Care</p> <p>2:30 pm - 3 pm<br/>Staff Meeting</p> <p>7 pm - 8:15 pm<br/>Adult Choir Practice</p> <p>7 pm - 8:30 pm<br/>Alanon</p>                                                                                                                                                                                                                             | <p><b>9</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>11:30 am - 12:30 pm<br/>St. Peter's Women's Association Luncheon</p> <p>4 pm - 5 pm<br/>Prayer Circle</p> <p>8 pm - 8:30 pm<br/>AA Meeting</p> | <p><b>10</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> | <p><b>11</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p>                                        |
| <p><b>12</b></p>  <p>Lincoln's Birthday</p> <p>8 am - 8:45 am<br/>Holy Eucharist Rite I</p> <p>9:45 am - 10:45 am<br/>Sunday School</p> <p>10 am - 11 am<br/>Holy Eucharist Rite II</p> <p>11 am - 11:45 am<br/>Fellowship Hour</p> <p>11:30 am - 12:30 pm<br/>Confirmation Class</p> | <p><b>13</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>9 am - 10 am<br/>Vestry Officers Meeting</p> <p>10 am - 11:30 am<br/>NOAH cooking</p> <p>11:30 am - 12:30 pm<br/>Outreach Meeting</p> <p>7:30 pm - 9:30 pm<br/>Al-Anon</p>               | <p><b>14</b></p>  <p>Valentine's Day</p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1:30 pm - 2:30 pm<br/>Capital Campaign Meeting</p> <p>6:30 pm - 7:30 pm<br/>Nursery School Board Meeting</p> <p>6:45 pm - 8:45 pm<br/>Open Mic Night</p> | <p><b>15</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 11 am<br/>Wednesday Morning Eucharist</p> <p>10:30 am - 11:30 am<br/>Bible Study</p> <p>2:30 pm - 3 pm<br/>Staff Meeting</p> <p>7 pm - 8:15 pm<br/>Adult Choir Practice</p> <p>7 pm - 8:30 pm<br/>Alanon</p>                                                                                                                                                                                                                                                                    | <p><b>16</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1 pm - 2 pm<br/>Knitting Group</p> <p>4 pm - 5 pm<br/>Prayer Circle</p> <p>8 pm - 8:30 pm<br/>AA Meeting</p>                                  | <p><b>17</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> | <p><b>18</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p>                                        |
| <p><b>19</b></p> <p>8 am - 8:45 am<br/>Holy Eucharist Rite I</p> <p>9:45 am - 10:45 am<br/>Sunday School</p> <p>10 am - 11 am<br/>Holy Eucharist Rite II</p> <p>11 am - 11:45 am<br/>Fellowship Hour</p> <p>11:30 am - 12:30 pm<br/>Confirmation Class</p>                                                                                                            | <p><b>20</b></p>  <p>President's Day</p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>6:15 pm - 8:15 pm<br/>Vestry Meeting</p> <p>7:30 pm - 9:30 pm<br/>Al-Anon</p> | <p><b>21</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1:30 pm - 2:30 pm<br/>Capital Campaign Meeting</p>                                                                                                                                                                                                                | <p><b>22</b></p> <p>Ash Wednesday</p>  <p>Washington's Birthday</p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 11 am<br/>Ash Wednesday Service</p> <p>10:30 am - 11:30 am<br/>Bible Study</p> <p>12 pm - 1 pm<br/>Ash Wednesday Service</p> <p>2 pm - 2:30 pm<br/>Pastoral Care</p> <p>2:30 pm - 3 pm<br/>Staff Meeting</p> <p>7 pm - 8:15 pm<br/>Adult Choir Practice</p> <p>7 pm - 8 pm<br/>Ash Wednesday Service</p> <p>7 pm - 8:30 pm<br/>Alanon</p> | <p><b>23</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>4 pm - 5 pm<br/>Prayer Circle</p> <p>8 pm - 8:30 pm<br/>AA Meeting</p>                                                                        | <p><b>24</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> | <p><b>25</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p>                                        |
| <p><b>26</b></p> <p>8 am - 8:45 am<br/>Holy Eucharist Rite I</p> <p>9:45 am - 10:45 am<br/>Children's Chapel</p> <p>10 am - 11 am<br/>Holy Eucharist Rite II</p> <p>11 am - 11:45 am<br/>Fellowship Hour</p> <p>11:30 am - 12:30 pm<br/>Confirmation Class</p>                                                                                                        | <p><b>27</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>7:30 pm - 9:30 pm<br/>Al-Anon</p>                                                                                                                                                        | <p><b>28</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>1:30 pm - 2:30 pm<br/>Capital Campaign Meeting</p>                                                                                                                                                                                                                | <p><b>29</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 11 am<br/>Wednesday Morning Eucharist</p> <p>10:30 am - 11:30 am<br/>Bible Study</p> <p>2:30 pm - 3 pm<br/>Staff Meeting</p> <p>7 pm - 8:15 pm<br/>Adult Choir Practice</p> <p>7 pm - 8:30 pm<br/>Alanon</p>                                                                                                                                                                                                                                                                    | <p><b>1</b></p> <p>8 am - 9 am<br/>Exercise Class</p> <p>9:30 am - 10 am<br/>AA Meeting</p> <p>4 pm - 5 pm<br/>Prayer Circle</p> <p>8 pm - 8:30 pm<br/>AA Meeting</p>                                                                         | <p><b>2</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p>  | <p><b>3</b></p> <p>8:30 am - 9:30 am<br/>AA meeting</p> <p>10 am - 1 pm<br/>Armenian Church</p> |
| Sun                                                                                                                                                                                                                                                                                                                                                                   | Mon                                                                                                                                                                                                                                                  | Tue                                                                                                                                                                                                                                                                                                                                                               | Wed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Thu                                                                                                                                                                                                                                           | Fri                                                      | Sat                                                                                             |

Wianno Avenue, Osterville, MA 02655 508-428-3561

Up to date and available online at [http://www.localendar.com/public/st\\_peters](http://www.localendar.com/public/st_peters)

## Sunday Services

8:00 a.m. Holy Eucharist  
10:00 a.m. Holy Eucharist

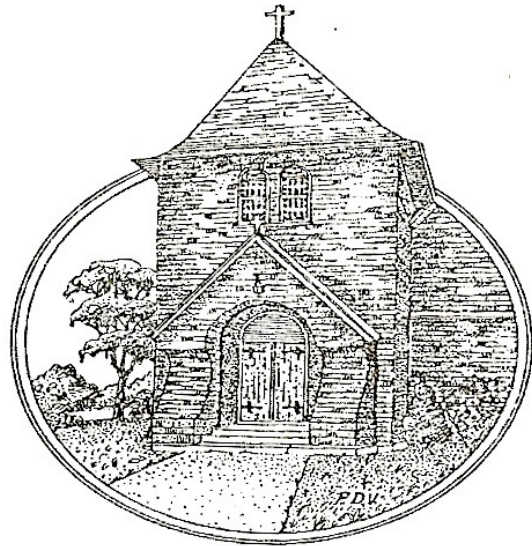
## Wednesday Service

10:00 a.m. Holy Eucharist

## Ash Wednesday Services

10:00 a.m., 12 noon, 7:00 p.m.

Sunday childcare is provided downstairs  
for parents attending services.  
Parents must sign their child  
in and out of childcare.



The doors are always open  
welcoming you!

<http://www.stpeters-capcod.org/>

Osterville MA 02655

PO Box 437

421 Wianno Ave

St. Peter's Episcopal Church

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Cross Keys